

CLASS SCHEDULE - BBS WEST HOLLYWOOD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	6:00AM FULL BODY		6:00AM FULL BODY			
7:00AM HTB	7:00AM TRAMP CARDIO	7:00AM ABC	7:00AM DANCE CARDIO	7:00AM FULL BODY		
8:00AM DANCE CARDIO	8:00AM ABC	8:00AM HTB	8:00AM FULL BODY	8:00AM DANCE CARDIO	7:45AM LIVE FULL BODY	8:00AM FULL BODY
9:00AM FULL BODY	9:00AM HTB	9:00AM DANCE CARDIO	9:00AM TRAMP CARDIO	9:00AM ABC	9:00AM DANCE CARDIO	9:00AM DANCE CARDIO
10:30AM LIVE DANCE CARDIO	10:00AM DANCE CARDIO	10:00AM FULL BODY	10:00AM ABC	10:00AM HTB	10:00AM ABC	10:00AM HTB
					11:00AM TRAMP CARDIO	11:00AM TRAMP CARDIO
12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	
5:30PM ABC	5:30PM FULL BODY	5:30PM TRAMP CARDIO	5:30PM FULL BODY			
6:30PM HTB	6:30PM DANCE CARDIO	6:30PM ABC	6:30PM TRAMP CARDIO			
7:30PM DANCE CARDIO	7:30PM FULL BODY	7:30PM HTB	7:30PM ABC			