

CLASS SCHEDULE - BBS Chelsea NYC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM ABC	7:00AM FULL BODY	7:00AM HTB	7:00AM FULL BODY	7:00AM DANCE CARDIO		
8:00AM HTB	8:00AM DANCE CARDIO	8:00AM TRAMP CARDIO	8:00AM DANCE CARDIO	8:00AM FULL BODY		
9:00AM DANCE CARDIO	9:00AM HTB	9:00AM DANCE CARDIO	9:00AM FULL BODY	9:00AM DANCE CARDIO	9:00AM FULL BODY	9:00AM FULL BODY
10:00AM FULL BODY	10:00AM TRAMP CARDIO	10:00AM FULL BODY	10:00AM ABC	10:00AM HTB	10:00AM DANCE CARDIO	10:00AM DANCE CARDIO
					11:00AM HTB	11:00AM ABC
12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON DANCE CARDIO	12 NOON TRAMP CARDIO
	5:30PM TRAMP CARDIO	5:30PM FULL BODY	5:30PM FULL BODY			
6:30PM FULL BODY	6:30PM DANCE CARDIO	6:30PM DANCE CARDIO	6:30PM DANCE CARDIO			
7:30PM DANCE CARDIO	7:30PM ABC	7:30PM HTB	7:30PM FULL BODY			