

## CLASS SCHEDULE - BBS LONDON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM FULL BODY	8:00AM DANCE CARDIO	8:00AM FULL BODY	8:00AM TRAMP CARDIO	8:00AM FULL BODY		
9:00AM DANCE CARDIO	9:00AM HTB	9:00AM DANCE CARDIO	9:00AM ABC	9:00AM TRAMP CARDIO	9:00AM FULL BODY	9:00AM FULL BODY
10:00AM FULL BODY	10:00AM TRAMP CARDIO	10:00AM FULL BODY	10:00AM DANCE CARDIO	10:00AM FULL BODY	10:00AM DANCE CARDIO	10:00AM DANCE CARDIO
					11:00AM HTB	11:00AM ABC
12 NOON TRAMP CARDIO	12 NOON FULL BODY	12 NOON DANCE CARDIO	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON TRAMP CARDIO	12 NOON TRAMP CARDIO
6:00PM FULL BODY	6:00PM DANCE CARDIO	6:00PM HTB	6:00PM DANCE CARDIO			
6:30PM TRAMP CARDIO						
7:00PM DANCE CARDIO	7:00PM ABC	7:00PM DANCE CARDIO	7:00PM FULL BODY			