

CLASS SCHEDULE - BBS BRENTWOOD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30AM FULL BODY	6:30AM ABC	6:30AM HTB	6:30AM TRAMP CARDIO	6:30AM FULL BODY		
7:30AM DANCE CARDIO	7:30AM HTB	7:30AM DANCE CARDIO	7:30AM ABC	7:30AM FULL BODY	8:00AM FULL BODY	8:00AM FULL BODY
8:30AM ABC	8:30AM DANCE CARDIO	8:30AM FULL BODY	8:30AM HTB	8:30AM DANCE CARDIO	9:00AM DANCE CARDIO	9:00AM DANCE CARDIO
9:30AM HTB	9:30AM FULL BODY	9:30AM TRAMP CARDIO	9:30AM DANCE CARDIO	9:30AM ABC	10:00AM FULL BODY	10:00AM FUL BODDY
					11:00AM TRAMP CARDIO	11:00AM TRAMP CARDIO
12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY	12 NOON FULL BODY		
6:00PM TRAMP CARDIO	6:00PM FULL BODY	6:00PM ABC	6:00PM DANCE CARDIO			
7:00PM ABC	7:00PM DANCE CARDIO	7:00PM HTB	7:00PM FULL BODY			